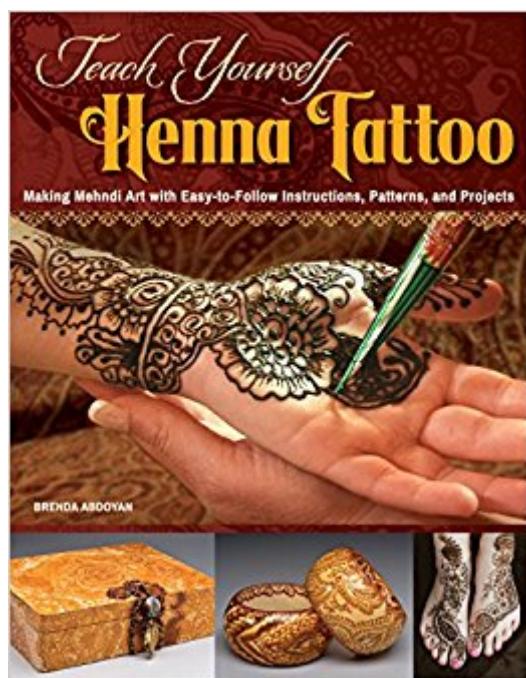


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# Teach Yourself Henna Tattoo: Making Mehndi Art With Easy-to-Follow Instructions, Patterns, And Projects



## Synopsis

Color your world with the fabulous art of henna tattoo. Mehndi, also known as henna tattoo, is a traditional Middle Eastern art used to adorn the body for weddings and other special celebrations. Today, you can join in the beauty and fun of mendhi with this simple book of patterns and instructions for the body and even home decor objects! Inside, you will find a variety of original henna tattoo patterns that can be applied to the hands, feet, belly and back. You'll also be interested in creating your own designs by following the simple instructions for the 5 basic henna shapes and learn how to combine them in a variety of ways to create exotic mendhi designs of your own. But why stop there? Mendhi is a versatile art that can also be applied to wood, leather and other surfaces. Follow-along with the author as she shows how she creates one-of-a-kind designs for a wooden box, leather pouch, magnet, tea caddy and more. Filled with stunning photographs of beautiful henna tattoo, this book is sure to inspire.

## Book Information

Paperback: 112 pages

Publisher: Design Originals; New edition (December 15, 2015)

Language: English

ISBN-10: 1497200709

ISBN-13: 978-1497200708

Product Dimensions: 8.4 x 0.4 x 10.9 inches

Shipping Weight: 1.1 pounds (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 stars 169 customer reviews

Best Sellers Rank: #7,748 in Books (See Top 100 in Books) #1 in Books > Arts & Photography > Other Media > Body Art & Tattoo #8 in Books > Health, Fitness & Dieting > Beauty, Grooming, & Style

## Customer Reviews

Exploring your creativity with henna is as easy as 1, 2, 3

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[View larger](#) Make Homemade Henna Paste Brenda Abdoyan provides her own personal henna paste recipe. She started experimenting with her henna recipe in 2005 and perfected it through trial and error in 2008. You'll find notes in the ingredient list that will help you determine what to change if you find you need to alter it. Applying Henna Paste to the body You will find information on the basic lines you will need to master before creating beautiful tattoos. There are many practice projects to work through develop your henna

tattooing skills. There are also tons of gallery photos here to inspire you. You will find tricks for everything from finding materials to making complex designs simple.

**Henna Patterns, Original Designs and Templates** Includes Henna designs for use on hands, feet, lower back, and shoulders organized by body part for easy reference. Simple designs are made up of only the five basic strokes for beginners. Some are more complicated, for more advanced artists. There are a few original Bajidoo designs and templates for moving into designing your own.

[View larger](#) **History of the Henna Tattoo** Use of henna for tattoos is difficult to trace, evidence shows it stretches back more than 5,000 years to the days of ancient Egypt when a henna dye was used to stain the fingers and toes of the pharaohs prior to their mummification. Henna tattooing has a long history among many Eastern cultures. The designs tend to fall into four styles based on the region. The Middle Eastern style in the Arab world features floral designs that do not follow a distinctive pattern. In North Africa, henna tattoos are geometrical and follow the shape of the wearer's hands and feet. In India and Pakistan, the designs cover more of the body, extending up arms and legs to give the impression of gloves or stockings. Henna tattoos in Indonesia and southern Asia are often blocks of color on the tips of the fingers and toes.

Brenda Abdoyan is a successful mixed-media artist who fell in love with the beauty of henna tattooing on a trip to the Middle East. Upon returning from her trip, she immediately began to incorporate the curves, twists, and intricate lines of henna tattooing into her own design style leading to the creation of a totally unique form of art that Brenda has coined "Bajidoo."

So far I've only had this book a few days but I love it and information sure you can get the information free on the Internet but she has designs that you can trace until you get them down and different practice techniques that I have years and I've done three so far onl so far I've only had this book a few days but I love it and information sure you can get the information free on the Internet but she has designs that you can trace until you get them down and different practice techniques that I have years and I've done three so far on myself. She also gives good tips if you want to start doing that next your money such as doing some free from around here so you can build a portfolio. Another good tip she suggests using a brown or light brown watercolor pencil and drying it on before you appy. Not to mention she gives the website to buy already made her name and where you can buy things you need to make it yourself!

Great book with good illustrations and everything you need to know to get started learning how to do Henna. She gives you the recipe and hints with possible variations. She also provides basic design components to get you started making your henna art. I am having a blast with her designs and templates as I practice on anyone who will let me apply henna on their hands and feet.

This book has helped me enter the world of henna (mehndi). It has some great ideas and background info. It is just for beginners though.

Great book for beginners. Gives lots of ideas and template pages to practice on we're a nice addition. Just made copies and practiced for hours.

Im in love with this. I am now giving henna tattoos to a lot of people. they love my work. thank you for this product. :-)

This book gives you background information, directions, designs, blank templates and easy tips for your enjoyment of the art of henna. I've enjoyed it so much and done so well that my friends are suggesting that I should charge for doing it.

Great book describing Henna. Has some good designs (but can find many more on internet) My kids are loving it !!

nice guide to making henna tattoos. I will be following the recipe int his to see if we can make a better henna with deeper color.

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